

I am a patient **diagnosed with Cushing's syndrome**, treated with Isturisa® (osilodrostat 1mg - 5mg - 10mg film-coated tablets) a cortisol lowering drug.

Therefore, I am more likely to develop hypocortisolism-related events including adrenal insufficiency, in particular in stressful situations.

This should be taken into consideration to ensure prompt intervention and management if needed.



ACUTE ADRENAL  
INSUFFICIENCY  
PREVENTION CARD



[www.recordatirarediseases.com](http://www.recordatirarediseases.com)

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# Patient information

Name:

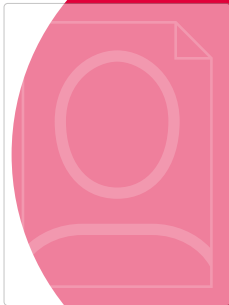
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Date of birth:     /     /

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Emergency contact:

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## Care team

Department: \_\_\_\_\_

\_\_\_\_\_

### **Treating physician**

Name: \_\_\_\_\_

Contact details: \_\_\_\_\_

### **Nurse (if any)**

Name: \_\_\_\_\_

Contact details: \_\_\_\_\_



## For patients and carers

If you experience any of the following symptoms, consult your doctor immediately or go to an emergency department and present this card to a doctor:<sup>1</sup>

- |                                    |                         |
|------------------------------------|-------------------------|
| ▶ Stomach pain                     | ▶ Dizziness             |
| ▶ Weight loss                      | ▶ Poor appetite         |
| ▶ Low blood pressure (hypotension) | ▶ Nausea or vomiting    |
| ▶ Weakness                         | ▶ Dehydration           |
| ▶ Tiredness                        | ▶ Loss of consciousness |

► You should talk to your endocrinologist, pharmacist or nurse if you experience any side effects. To report an adverse event, please inform your local Recordati Rare Diseases contact or mail to:  
RRDpharmacovigilance@recordati.com

► 1. UCLA Health. Acute adrenal crisis. Available at: <https://www.uclahealth.org/endocrine-center/acute-adrenal-crisis>. Last accessed 27 August 2024.